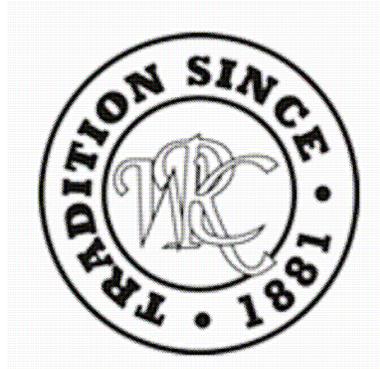


## WRC Membership Frequently Asked Questions



### **What is included in a WRC Membership?**

A WRC membership includes the following:

- general membership and access to the club, including dock
- access to weight room and ergs
- access to rowing boats of the club (as approved by the coaching staff or board)
- membership with Rowing Canada and Manitoba Rowing Association
- general insurance for participation in rowing activities
- voting privilege at the Annual General Meeting of the Club
- refundable volunteer deposit

### **Is it possible to pay for my membership and program fees in instalment?**

Yes, membership can be paid in 4 equal instalments via post-dated cheques. You are still required to register for your membership and any other services (such as locker rental or private boat storage) online through Regatta Central. Please get in contact with the manager or treasurer for details on a payment plan by going to the Contacts page.

### **How do I know which program to register for?**

Talking to one of the coaches would be helpful in determining the best program for you. Things like rowing experience, technical rowing skill, fitness, ability to commit to training session times and rowing goals will be taken into consideration. The coaching staff may want to evaluate your on-water rowing skills before recommending a specific program.

### **Can I transition between programs mid-way through the rowing season?**

Yes. If you are interested in switching programs mid-way through the rowing season please discuss your goals with the coaching staff. The coaches will work with you to determine when is the best time for you to transition to a different program, taking into account rowing experience, technical rowing skill, fitness, ability to commit to training session times and rowing goals.

### **How can I access a club rowing boat outside of my program time, or if I'm an Independent member?**

Club boats are available for all WRC members. However, programs have priority over club boats during their designated training times. If you are part of program or Independent member who wants to use a club boat outside of a coached session you will need to contact the coach of any programs that are running when you want to borrow a boat to ensure the boat is available. Safety of club members is very important and only those people who the coaching staff are comfortable rowing alone will be granted access to club boats outside of coached time.

Note: Members under 18 year old are not allowed to be on the water unsupervised, thus not allowed to access club boats outside of coached training times.

### **How do regattas work? Can anyone participate in a regatta?**

Yes and no. WRC's mission states the goal to "meet the needs of its members – be it youth, senior, master, or recreational and competitive athletes – and to enable all rowers to grow in the sport to their full potential." If you are interested in participating in regattas please communicate this with your coach. In general, racing preparation and regatta participation is part of the Competitive programs (Senior, Junior and Master) but not in the Rec and Novice programs.

However, depending on the regatta, Rec and Novice members might be able to participate. Those WRC members who are Independent should communicate with the Club Manager about any regattas they wish to participate in early in the season.

### **How do regatta costs work?**

Regatta fees are the responsibility of the participant. Those attending regattas are required to pay entry fees and trailering costs prior to each regatta. If regatta fees are not paid by the due date then the participant WILL NOT be registered for the event.

All other expenses such as travel to the regatta, accommodations and meals of the participants are the responsibility of the participant.

If program participants/coaching staff decide to attend regattas not included in the regional regattas schedule, the participants will cover the cost of the event (eg. Royal Canadian Henley, US Champs) including any club rental costs. Any request to borrow the club's trailer should be made 6 weeks in advance.