



FOR IMMEDIATE RELEASE

IT'S ROWING SEASON IN WINNIPEG!

***Annual Open House, Learn to Row Programs,
Community Rowing Challenge, New Board of Directors & Coaches!***

Winnipeg MB (May 16, 2016) -- It's rowing season on the Red River, and the Winnipeg Rowing Club has lots of news to share!

ANNUAL OPEN HOUSE: LEARN MORE ABOUT ROWING!

Members of the public are invited to find out more about the awesome sport of rowing at the Winnipeg Rowing Club's annual open house:

Winnipeg Rowing Club's Annual Open House
Saturday, June 4th @ 20 Lyndale Drive
Drop-in anytime between 11:00 am to 3:00 pm

Whether you're interested in exploring a competitive sport, or just want to take up recreational rowing, find out more at the open house. Tour the facilities, check out the boats and boathouse, watch rowing demonstrations, and try dockside rowing.

LEARN TO ROW PROGRAMS

Rowing is a lifelong activity for fitness, for competition, or just for fun. The WRC offers programs for all ages and skill levels, including some specifically designed to get beginners up-to-speed:

- **Adult Learn-to-Row** – Beginning in May, this entry-level program runs on weekends, or over a two-week period. It teaches participants the skills necessary to take up rowing, with the potential to transition into the recreational rowing program.
- **Youth Learn-to-Row** – There will be two spring sessions dedicated to teaching youth to row, starting May 17, or June 13. There are also summer sessions specifically for youth, throughout the month of July.

More on page 2...

COMMUNITY ROWING CHALLENGE

The **Community Rowing Challenge** is an eight-week program for businesses, organizations, clubs, groups of friends, or individuals, that gets teams training together in set 'quads' (four scullers). The event concludes with a Championship Regatta on August 27, where teams put rowing skills to the test in head-to-head races against other CRC teams. Training starts in June!

NEW BOARD OF DIRECTORS & COACHES

The Winnipeg Rowing Club is pleased to announce a new Board of Directors for 2016/2017, led by a former Olympian and Silver Medalist!

Janine Stephens is now the President of the Winnipeg Rowing Club, **Tina Tenbergen** is Secretary, **Bernie Young** is Treasurer, and **Ron Basarab** and **Tracy Kowal** are Vice Presidents.

Covering the bases on the coaching side are **Ralph Penner** as Seniors coach, **Ed Kornachuk** as Juniors coach, **Sandra Kirby** as Masters coach, and **Robert Dansereau** as Recreational coach.

*At **135 years old**, the Winnipeg Rowing Club is one of the oldest sporting organizations in Western Canada. It has been in operation since 1881, stopping only twice – during WWI and WWII. A long-time tenant of the banks of the Red River in downtown Winnipeg, the WRC survived the North-West Rebellion of 1885, the General Strike of 1919, the Great Depression of the 1930's, the Great Flood of 1950, and the Flood of the Century in 1997. Over the years the clubhouse has been destroyed by fire, wind, and water, but has always managed to maintain its long and proud tradition. Today, the WRC is a non-profit organization with a rich and successful sporting history, fostering generations of camaraderie and friendships. Members range in age from early teens right up to the 80's, and the club offers programs for all skill levels. www.winnipegrowingclub.ca*

-- 30 --

CONTACT FOR MEDIA:

*RoseAnna Schick, RAS Creative
Publicist for the Winnipeg Rowing Club
204-783-7600 / rascreative@yahoo.ca*

MEDIA NOTES:

Rowing photos for publishing are available upon request.

Media teams are also invited to enter the Community Rowing Challenge at a reduced rate. Contact RoseAnna Schick for more information about how your team can participate!