

## WRC Membership Frequently Asked Questions



### **What is included in a WRC Membership?**

A WRC membership includes the following:

- general membership and access to the club, including dock
- access to weight room and ergs
- access to rowing boats of the club (as approved by the coaching staff)
- membership with Rowing Canada and Manitoba Rowing Association
- general insurance for participation in rowing activities
- voting privilege at the Annual General Meeting of the Club
- refundable bingo deposit
- one ticket to the Club's Annual Members Dinner

### **If I want to participate in a rowing program, such as Rec, Novice, Masters, Junior or Senior, do I have to purchase a WRC Membership?**

Yes, everyone who participates in a seasonal rowing program must be a WRC member in good standing and thus purchase a WRC Membership. Registering and paying for a specific program such as Rec, Novice, Masters, Junior or Senior covers the costs of coaching in the program, plus other program specific expenses.

### **Is it possible to pay for my membership and program fees in instalment?**

Yes, membership and program fees can be paid in 3 equal instalments via post-dated cheques. You are still required to register for your membership, program and any other services (such as locker rental or private boat storage) online through Regatta Central and select cheque as the payment option. After you have completed the online registration you will need to drop off three cheques to the WRC Club Manager. The cheques should each be for 1/3 of your total fees due and dated for April 1, 2012, May 15, 2012 and June 30, 2012.

### **How do I know which program to register for?**

Talking to the Coaching Director, Club Manager or VP Programs would be helpful in determining the best program to register for. Things like rowing experience, technical rowing skill, fitness, ability to commit to training session times and rowing goals will all be taken into consideration. The coaching staff may want to evaluate your on-water rowing skills before recommending a specific program.

### **Can I transition between programs mid-way through the rowing season?**

Yes. If you are interested in switching programs mid-way through the rowing season please discuss your goals with the coaching staff. The coaches will work with you to determine when is the best time for you to transition to a different program, taking into account rowing experience, technical rowing skill, fitness, ability to commit to training session times and rowing goals.

### **How can I access a club rowing boat outside of my program time, or if I'm an Independent member?**

Club boats are available for all WRC members. However, programs have priority over club boats during their designated training times. If you are part of program or Independent member who wants to use a club boat outside of a coached session you will need prior approval from the Coaching Director or Club Manager. Safety of club members is very important and only those people who the coaching staff are comfortable rowing alone will be granted access to club boats outside of coached time. Note: Members under 18 year old are not allowed to be on the water unsupervised, thus not allowed to access club boats outside of coached training times.

### **How to regattas work? Can anyone participate in a regatta?**

Yes and no. WRC's mission states the goal to "meet the needs of its members – be it youth, senior, master, or recreational and competitive athletes – and to enable all rowers to grow in the sport to their full potential." If you are interested in participating in regattas please communicate this with your coach. In general, racing preparation and regatta participation is part of the Competitive programs (Senior, Junior and Master) but not in the Rec and Novice programs. However, depending on the regatta, Rec and Novice members might be able to participate. Those WRC members who are Independent should communicate with the Coaching Director and Club Manager about any regattas they wish to participate in early in the season.

### **How to regatta costs work?**

Regatta fees are the responsibility of the participant. The Junior and Senior WRC program fee do include regatta entry fees and trailering costs for regional regattas. Master program participants and Independents interested in participating in regatta will be required to pay entry fees and trailering costs 3 weeks prior to each regatta. If regatta fees are not paid by the due date the participant WILL NOT be registered for the event.

All other expenses such as travel to the regatta, accommodations and meals of the participants are the responsibility of the participant.

If program participants/coaching staff decide to attend regattas not included in the regional regattas identified in the program fees, the costs associated with those events will be charged to the participants and due to WRC 3 weeks prior to the event (eg. Royal Canadian Henley, US Champs).