



FOR IMMEDIATE RELEASE

HENLEY WINS FOR WINNIPEG ATHLETES!

Winnipeg MB (August 10, 2011) -- Winnipeg Rowing Club athletes captured two first place finishes at the 129th Royal Canadian Henley Regatta in St. Catharines:

- Senior Women Single Dash – 1st place – **Kaitlin Rempel** (winner of this race receives the Marie-Lynne Rochon Memorial Trophy)
- Mixed LTA Coxed Four – 1st place – **Meghan Montgomery** (rowing for Rowing Canada's National Adaptive Team)

WRC athletes also competed in a number of races at the Royal Canadian Henley's Masters Regatta, resulting in two very close 2nd place finishes:

- Masters Womens Single – 2nd place – **Sheila Wilson**
- Masters Mixed Double – 2nd place – **Sheila Wilson & Vic Bartel**

Since the Royal Canadian Henley Regatta settled in St. Catharines, Ontario, in 1903, it has grown to become the largest sporting event of its kind, representing the best in North American rowing. Each year, thousands of men and women from over 150 rowing clubs compete for coveted Henley Gold. www.henleyregatta.ca

At 130 years old, the Winnipeg Rowing Club is one of the oldest sporting organizations in Western Canada. It has been in operation since 1881, stopping only twice – during WWI and WWII. A long-time tenant of the banks of the Red River in downtown Winnipeg, the WRC survived the North-West Rebellion of 1885, the General Strike of 1919, the Great Depression of the 1930's, the Great Flood of 1950, and the Flood of the Century in 1997. Over the years the clubhouse has been destroyed by fire, wind, and water, but has always managed to maintain its long and proud tradition. Today, the WRC is a non-profit organization with a rich and successful sporting history, fostering generations of camaraderie and friendships. Members range from 13 to 85, and the club offers programs for all skill levels.

www.winnipegrowingclub.ca