



FOR IMMEDIATE RELEASE

## **WINNIPEG ROWING CLUB SHOWS STRONG AT FIRST REGATTA OF THE SEASON**

*Winnipeg MB (June 12, 2013)* -- The Winnipeg Rowing Club (WRC) traveled to Regina for the first regatta of the season, and had a strong showing in several races.

The 36<sup>th</sup> annual Western Canada Sprints took place on Wascana Lake on Saturday June 8, and the following WRC crew captured the gold medal:

➤ Master Mixed Quad – **Brandi Smith, Mitchell Kasprick, Dave Cooke, Vanessa Brown**

Five other Winnipeg boats crossed the finish line first in their respective races, but due to age adjustments in masters' rowing (rowers are given a time advantage based on age), they did not receive the first place win.

The WRC's Master Competitive program is coached by Jeff Powell and Sandi Kirby. Both Jeff and Sandi are former Olympic rowers.

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*At 132 years old, the Winnipeg Rowing Club is one of the oldest sporting organizations in Western Canada. It has been in operation since 1881, stopping only twice – during WWI and WWII. A long-time tenant of the banks of the Red River in downtown Winnipeg, the WRC survived the North-West Rebellion of 1885, the General Strike of 1919, the Great Depression of the 1930's, the Great Flood of 1950, and the Flood of the Century in 1997. Over the years the clubhouse has been destroyed by fire, wind, and water, but has always managed to maintain its long and proud tradition. Today, the WRC is a non-profit organization with a rich and successful sporting history, fostering generations of camaraderie and friendships. Members range in age from teenagers right up to the 80's, and the club offers programs for all skill levels.*

[www.winnipegrowingclub.ca](http://www.winnipegrowingclub.ca)

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