

FOR IMMEDIATE RELEASE

**WINNIPEG ROWING CLUB HOSTING ANNUAL REGATTA & SKILLS RODEO:
“Head of the Red” happens tomorrow!**

September 26, 2014 (Winnipeg MB) – With the 2014 sprint season now over, rowers of all ages are preparing for ‘head races.’ These competitions typically consist of longer, slower distances, ranging from 4000 meters to 6000 meters.

The Winnipeg Rowing Club (WRC) is hosting “Head of the Red” this weekend, with local and visiting athletes taking on Winnipeg’s Red River. Racing starts at St. Vital Bridge, with boats traveling north to the WRC boathouse – a distance of approximately five kilometers. Each boat races individually, with 20 seconds allocated between each start.

Head of the Red Regatta
Saturday, September 27
Racing begins @ 8:00am
All boats launch, and end, at Winnipeg Rowing Club
20 Lyndale Drive

Competing at the Head of the Red Regatta will be rowers from Winnipeg, Pinawa, Kenora, Thunder Bay, Regina, and Saskatoon.

Following the regatta races, clubs will compete in a ‘skills rodeo’ – marking the first time in Canada that multiple clubs will take part in a skills event.

At 133 years old, the Winnipeg Rowing Club is the second oldest sporting organization in Western Canada. It has been in operation since 1881, stopping only twice – during WWI and WWII. A long-time tenant of the banks of the Red River in downtown Winnipeg, the WRC survived the North-West Rebellion of 1885, the General Strike of 1919, the Great Depression of the 1930’s, the Great Flood of 1950, and the Flood of the Century in 1997. Over the years the clubhouse has been destroyed by fire, wind, and water, but has always managed to maintain its long and proud tradition. Today, the WRC is a non-profit organization with a rich and successful sporting history, fostering generations of camaraderie and friendships. Members range in age from teenagers right up to the 80’s, and the club offers programs for all skill levels. www.winnipegrowingclub.ca