



FOR RELEASE
June 1, 2009

WINNIPEG ROWING CLUB WINS TWO SILVER MEDALS IN HIGH SCHOOL ROWING CHAMPIONSHIPS

Winnipeg MB – A number of young athletes from the Winnipeg Rowing Club attended the Canadian Secondary Schools Rowing Association (CSSRA) races this weekend, with one Winnipeg athlete capturing two silver medals.

The 64th Annual CSSRA Regatta played out May 29 to 31 on the Royal Canadian Henley course in St. Catharines, Ontario. **Nia Perron of the Winnipeg Rowing Club** made it to the finals in both the senior lightweight women's single and open women's single. She then proceeded to have terrific races and won Silver in both categories. Congratulations Nia!

"Nia winning silver in both events is fantastic," says her coach Steven Taylor. "Considering that last year she finished fourth in one category and didn't make the finals in the other, this achievement is testament to just how much she has improved over the year, and how much potential she has for this summer's Canada Games and beyond."

Nia is an exemplary athlete currently in her graduating year at the University of Winnipeg Collegiate. When not training hard (twice a day!) to excel at the sport of rowing, she works as part of a summer Green Team. She previously tended grounds at the Winnipeg Rowing Club, and has volunteered her time helping others learn-to-row.

At 128 years old, the Winnipeg Rowing Club is one of the oldest sporting organizations in Western Canada. It has been in operation since 1881, stopping only twice – during WWI and WWII. A long-time tenant of the banks of the Red River in downtown Winnipeg, the WRC survived the Northwest Rebellion of 1885, the General Strike of 1919, the Great Depression of the 1930's, the Great Flood of 1950, and the Flood of the Century in 1997. Over the years the clubhouse has been destroyed by fire, wind, and water, but has somehow always managed to maintain its long and proud tradition. Today, the WRC is a non-profit organization with a rich and successful sporting history, fostering generations of camaraderie and friendships. Members range from 13 to 85, and the club offers programs for all skill levels.

www.winnipegrowingclub.ca

-- 30 --